



Bullpup Nips

September 3, 2019

24 hr. SAFE ARRIVAL/ATTENDANCE PHONE LINE: 427-7457

School Office: 427-5672

Theme: Kindness

Character Trait: Friendship



"Students who come to school every day, behave, and participate - graduate!"

Paraphrased from Balfanz (2007) by the Academic Team

CHARACTER TRAIT: Each month our Bullpups will be learning about a character trait. For the month of September, the character trait is "Friendship". Ask your child what they have done to be a good friend.

SCHOOL BREAKFAST AND LUNCH: Breakfast is the most important meal of the day. Our students need to be properly "fueled up" to learn. Did you know that SES serves breakfast every day from 8:00 to 8:25 a.m.? Each day your child can choose a hot choice (breakfast burrito, French toast sticks, pancakes, etc.) or cereal and a muffin. Juice, fruit and milk are also available. Please consider adding a little extra money to your child's meal account and encourage them to eat breakfast at school. The regular price for breakfast is \$2.30. If your family qualifies for reduced/free lunch then breakfast is free too! Walkers and students who are dropped off - the door is open at 8:00 a.m. for breakfast. Please make sure you always have money in their meal account. Lunches are \$2.90 and milk is .60. **NO charging permitted.**

PARENTS ONLY—FOR SAFETY'S SAKE: The only person who may write a note or call for a child to change after school plans is the guardian. If your child is being picked up by someone other than yourself, it is you (the guardian) that we need to hear from. It is best that we receive this information in the morning ... so that we may send a "student message" AND to get further information if needed. Please feel free to use the 24 hr. SAFE ARRIVAL line 427-7457 for absences. THANKS!

DISMISSAL TIME: Our classroom teachers instruct students until dismissal time 3:20. The last portion of the day is used to review what was learned, to "set the stage" for the next day, to practice a skill just introduced, or to introduce homework. When a child is picked up "just a few minutes early", the teacher must take a few minutes to help that child prepare to leave AND that child misses instruction. PLEASE save picking your child up "just a few minutes early" for appointments or emergencies. If an early pick up is just for your convenience, please consider allowing your child to finish the day with the rest of the students. *For student safety and timeliness, students may not get off the bus once they have boarded.*

VISITORS AND VOLUNTEERS: ALL visitors and volunteers please stop at the office to sign in and pick up a badge to wear while you are in the building. Volunteers need to have completed a Washington State Background check before volunteering. Forms are in the office.

CROSSWALK: Please use the crosswalks when dropping off and picking up students instilling good modeling and safety for all.

BULLPUP NIPS: If you would like to receive your Bullpup Nips via email, please contact the school, at 427-5672, with your email address.

BUS LANE: Just a reminder that in the morning the "red lane" is for buses and drop off only, absolutely **NO PARKING** or waiting. Buses need to unload, load and leave as soon as possible. The "yellow lane" is for drop off only, absolutely **NO PARKING**. If you are waiting for a bus, please use the parking lot. Thank you for your help with this.

ATTENDANCE: There may be completely acceptable reasons for your child's missed days or tardiness. Parents and guardians play a major role in their child's attendance. An adult's attitude, support, expectations, and actions will assist in getting your child to school each and every day, *on time*. A student who arrives even a few minutes late ends up playing "catch up" for most of the morning. That child's day can end up being very stressful and frustrating which impacts learning. Thank you for your attention to this matter.

☐ Set a regular bedtime, and stick to it.

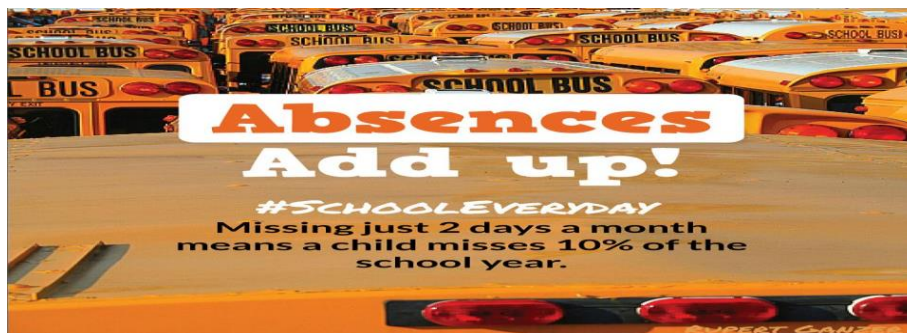
☐ Prepare clothes the night before, lay them out.

☐ Finish homework in the evening; put the backpack by the door.

☐ Set an alarm clock, or even two.

☐ Plan to have your child **IN THE CLASSROOM** by 8:25 a.m.

☐ Schedule your child's appointments after 3:30 p.m. or on early release days whenever possible.



SES FAMILY HANDBOOK: Our school handbook is available on line or you can ask for a copy at the office.

LEARN AND PLAY - NEW DAY AND TIME: Learn and Play groups are open for families and care givers who have children ages 0-5 years. The event is for the whole family, but the focus is on our youngest learners! Please join us on the 1st Friday of every month in the Stevenson Elementary Library from 8:30am -9:30am, for story time, songs, crafts, and more. This event is free and fun! **Our first event will be this Friday, September 6, 2019. See you there!**

STUDENT PHOTOGRAPHS/VIDEOS: Occasionally, photographs/videos maybe taken of students for use in news media, district website or district publications. Pictures might be taken during a special class project or during a musical performance. If you **DO NOT** want your child's picture published, you must sign a form that is available at the office.

COUNSELING CORNER: I am so happy to be back at SES for the second year. Last year was such a great year and I know that this year will be too. This year, it is my intention to teach students different ways to regulate their emotions. One of the best ways to do that is through breathing. While I teach students different ways of breathing, one of my favorites is Take 5 Breathing. Here are the instructions so you can practice at home with your child. 1. Stretch your hand out like a star. 2. Get the pointer finger of your other hand ready to trace your fingers up and down. 3. Slide up each finger slowly ~ slide down the other side. 4. Breath in through your nose ~ out through your mouth. 5. Put it together and breathe in as you slide up and breathe out as you slide down. Keep going until you have finished tracing your hand. Thank you, Lisa Kindler.

BOXTOPS FOR EDUCATION: PTA is collecting Box Tops for Education. They turn these little pieces of paper in for \$\$\$\$. Please turn your box tops into your child's teacher. Please make sure while trimming box tops that the expiration date is readable. If not, we do NOT get to count them.

The Stevenson-Carson School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. Karen Douglass is our Compliance Officer and can be reached at 509-427-5674 or douglassk@scsd303.org or PO Box 850, Stevenson, WA 98648.

